

Personal Fall Protection System Inspection Checklist

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Instructions: When performing a safety inspection check on fall protection equipment / systems, indicate whether each item is acceptable by placing a check mark on the associated days the equipment is requested to be used. If any feature of fall protection equipment is not acceptable, it shall be clearly labeled "DO NOT USE" and destroyed or removed from service permanently or until proper repairs can be performed (see manufacturer's guidelines).

Equipment Inspected: _____ Serial #: _____ Manufacture _____ Date: _____
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 Comments / Special Notes: _____

Full Body Harness / Lanyard / Energy Absorber / Lifelines / Positioning Devices

General Factors X: for Fail ✓: for Pass	Monday	Tuesday	Wednesday	Thursday	Friday
Date: _____					
Hardware - (Includes D-rings, buckles, keepers and back pads) Inspect for damage, distortion, sharp edges, burrs, cracks and corrosion					
Webbing / Straps / Ropes - Inspect for cuts, burns, tears, abrasion, frays, un splicing, kinking, knotting, roping, excessive soiling and discoloration, chemical attack, alteration, needed / lubrication, aging, UV damage, absence of parts and improper function of parts					
Wire Rope - Inspect for broken wires, corrosion, kinks and separation of strands.					
Energy Absorber Component - Inspect for elongation, tears, soiling and impact indicator					
Stitching - Inspect for pulled or cut stitches					
Labels - Inspect, make certain all labels are securely held in place and legible					
Overall Disposition - fit / function / impact indicator / inspection grid / condition					

Snap hooks / Carabiners / Connectors / D-Rings / Anchorages

General Factors	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Damage - Inspect for cracks, sharp edges, burrs, deformities and lock / gate					
Excessive Corrosion - Inspect for corrosion, rusting or pitting					
Fasteners - Inspect for corrosion, tightness, damage and distortion (if welded, inspect weld for damage)					
Markings - Inspect markings, verify legibility. Look for (ANSI Z359.1 2007) or (3,600 lbs. gate)					
Overall Disposition - function					

Self-Retracting Lifelines

General Factors	Monday	Tuesday	Wednesday	Thursday	Friday
Impact Indicator - Inspect for activation (rupture of shock pack or red stitching, elongated indicator)					
Screws / Fasteners - Inspect for damage and tightness					
Housing - Inspect for distortion, cracks, etc. Inspect anchoring loop for distortion and damage					
Lifeline - Inspect for cuts, burns, tears, abrasion, frays, soiling, discoloration and broken wires					
Locking Action - Inspect for proper "lock-up" of brake mechanism (test pull with hand)					
Retraction / Extension - Inspect spring tension (extend / retract fully by hand)					
Hooks / Carabiners - Inspect for physical damage, corrosion, proper operation and markings					

Inspector Name (print): _____ Date: _____

Note: All fall protection equipment shall be inspected by the user before each use and, additionally, by a competent person other than the user at intervals of no more than 1 year (consult manufacturer's guidelines). If special inspection considerations are called out in the manufacturer's guidelines more stringent than the list / items below, the user / competent person shall indicate such inspection items in the comments / notes section of this checklist.