

**Personal Fall Protection System
Inspection Checklist**

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Instructions: When performing a safety inspection check on fall protection equipment / systems, indicate whether each item is acceptable or not acceptable by placing a check mark in the "Yes" or "No" box. If any feature of fall protection equipment is not acceptable, it shall be clearly labeled "DO NOT USE" and destroyed or removed from service permanently or until proper repairs can be performed (see manufacturer's guidelines).

Equipment Inspected:	Serial #:	Manufacture Date:
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Comments / Special Notes:		

Full Body Harness / Lanyard / Energy Absorber / Lifelines / Positioning Devices

General Factors	Acceptable	
Hardware - (Includes D-rings, buckles, keepers and back pads) Inspect for damage, distortion, sharp edges, burrs, cracks and corrosion	YES	NO
Webbing / Straps / Ropes - Inspect for cuts, burns, tears, abrasion, frays, unsplicing, kinking, knotting, roping, excessive soiling and discoloration, chemical attack, alteration, needed / excessive lubrication, excessive aging, UV damage, absence of parts and improper function of parts	YES	NO
Wire Rope - Inspect for broken wires, corrosion, kinks and separation of strands.	YES	NO
Energy Absorber Component - Inspect for elongation, tears, excessive soiling and impact indicator	YES	NO
Stitching - Inspect for pulled or cut stitches	YES	NO
Labels - Inspect, make certain all labels are securely held in place and legible	YES	NO
Overall Disposition - fit / function / impact indicator / inspection grid / condition	YES	NO

Snaphooks / Carabiners / Connectors / D-Rings / Anchorages

General Factors	Acceptable	
Physical Damage - Inspect for cracks, sharp edges, burrs, deformities and lock / gate operation	Yes	No
Excessive Corrosion - Inspect for corrosion, rusting or pitting	Yes	No
Fasteners - Inspect for corrosion, tightness, damage and distortion (if welded, inspect weld for damage)	Yes	No
Markings - Inspect markings, verify legibility. Look for (ANSI Z359.1 2007) or (3,600 lbs gate)	Yes	No
Overall Disposition - function	Yes	No

Self-Retracting Lifelines

General Factors	Acceptable	
Impact Indicator - Inspect for activation (rupture of shock pack or red stitching, elongated indicator)	Yes	No
Screws / Fasteners - Inspect for damage and tightness	Yes	No
Housing - Inspect for distortion, cracks, etc. Inspect anchoring loop for distortion and damage	Yes	No
Lifeline - Inspect for cuts, burns, tears, abrasion, frays, soiling, discoloration and broken wires	Yes	No
Locking Action - Inspect for proper "lock-up" of brake mechanism (test pull with hand)	Yes	No
Retraction / Extension - Inspect spring tension (extend / retract fully by hand)	Yes	No
Hooks / Carabiners - Inspect for physical damage, corrosion, proper operation and markings	Yes	No

Inspector Name (print):

Date:

Note: All fall protection equipment shall be inspected by the user before each use and, additionally, by a competent person other than the user at intervals of no more than 1 year (consult manufacturer's guidelines). If special inspection considerations are called out in the manufacturer's guidelines more stringent than the list / items below, the user / competent person shall indicate such inspection items in the comments / notes section of this checklist.